

ÜBERRITO™

FRESH MEX

	Portion	Cal	Cal from Fat	Total Fat (g)	%	Sat Fat (g)	%	Trans Fat (g)	%	Cholest (mg)	%	Sodium (mg)	%	Total Carbs (g)	%	Dietary Fiber (g)	%	Sugars (g)	Protein (g)
13" Tortilla - Flour	1	370	100	11	17	5	25	0	0	0	0	710	30	59	20	2	8	2	9
6" Tortilla - Flour	1	100	30	3	5	1.5	7	0	0	0	0	200	13	16	5	1	2	0	2
10" Tortilla - Flour	1	170	45	5	9	1.5	7	0	0	0	0	320	13	27	9	1	4	1	4
Table Corn	2	87	10	1	2	0	0	0	0	0	0	15	1	18	6	1	3	0	2
Crispy Shell	1	60	20	2	3	1	6	0	0	0	0	10	1	9	3	1	2	1	0.5
Green Salad Mix	5 oz	25	0	0	0	0	0	0	0	0	0	10	1	5	2	5	20	0	0
Que Pasa & 527 Salad Mix	8 oz	40	0	0	0	0	0	0	0	0	0	16	1	8	3	8	32	0	0
Rice	3 oz	110	25	3	5	0	0	0	0	0	0	200	8	18	6	0	0	0	2
Spanish Rice	3 oz	110	25	3	5	0	0	0	0	0	0	210	9	19	7	0	0	0	2
Black Beans	3 oz	60	0	0	0	0	0	0	0	0	0	230	10	11	4	6	24	0	4
Pinto Beans	3 oz	45	0	0	0	0	0	0	0	5	2	330	14	16	5	10	40	0.5	5
Refried Beans	3 oz	90	35	4	6	0.5	2	0	0	0	0	550	23	18	6	11	44	0.5	6
Fajita Mix	2 oz	20	5	1	1	0	0	0	0	0	0	170	7	4	1	1	4	2	1
Mushrooms	2 oz	25	15	2	3	0	0	0	0	0	0	230	10	1	0	0	0	0.5	1
Chicken	4 oz	110	20	2.5	4	0.5	3	0	0	60	19	460	20	1	0	0	0	0	20
Ground Beef	4 oz	180	120	13	20	5	25	0	0	45	15	440	18	2	1	0	0	0.5	12
Pork	4 oz	150	55	6	9	3	15	0	0	45	15	550	23	0	0	0	0	0	24
Fajita Beef	4 oz	150	70	7	12	3	14	0	0	50	17	820	34	0	0	0	0	0	19
Shrimp	4 oz	90	0	0	0	0	0	0	0	51	17	250	10	1	0	0	0	0	10
Bacon	1	151	106	12	18	4	19	0	0	31	10	288	12	0	0	0	0	0	10
Cheese	1 oz	100	80	9	13	5	25	0	0	30	10	180	8	0	0	0	0	0	8
Lettuce	1 oz	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Guacamole	2 oz	90	70	8	12	1	5	0	0	0	0	135	6	5	2	4	16	0	1
Tomato	2 oz	20	0	0	0	0	0	0	0	0	0	0	0	4	1	0	0	3	1
Sour Cream	1 oz	60	45	5	8	3.5	18	0	0	20	7	15	1	1	1	0	0	1	1
Corn	2 oz	65	5	0.5	1	0	0	0	0	0	0	8	1	14	5	2	8	4	2
Red Cabbage	2 oz	14	0	0	0	0	0	0	0	0	0	12	0	4	1	1	3	1	1
Avocado	¼ fruit	57	44	5	8	1	4	0	0	0	0	3	0	3	1	2	9	0	1
Cilantro	1 oz	5	1	0	0	0	0	0	0	0	0	4	0	1	0	0	1	0	0
Roasted Tomato Salsa	2 oz	10	0	0	0	0	0	0	0	0	0	160	7	3	1	1	2	1	0.5
Mission Salsa	2 oz	15	0	0	0	0	0	0	0	0	0	150	6	3	1	1	4	2	1
Tomatillo	2 oz	15	0	0	0	0	0	0	0	0	0	90	4	3	1	1	3	2	0
Chile de Arbol	2 oz	25	5	0.5	1	0	0	0	0	0	0	220	9	5	2	2	8	1	0.5
Habanero	2 oz	10	0	0	0	0	0	0	0	0	0	370	15	3	1	0.5	2	0.5	0
C/O Mix	2 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Green Onions	2 oz	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0.5	1	0	0
Red Onions	2 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serrano-Cilantro Ranch	2 oz	150	140	16	25	2	10	0	0	15	5	180	8	1	0	0	0	1	0.5
Garlic-Basil Vinaigrette	2 oz	60	45	5	7	0.5	3	0	0	0	0	190	8	4	1	0	0	3	0
Low-Fat Buttermilk Herb	2 oz	50	35	4	6	2.5	12	0	0	10	3	190	8	2	1	0	0	2	1
Fresh Jalapeños	2 oz	27	5	1	1	0	0	0	0	0	0	1	0	6	2	3	10	3	1
Pickled Jalapenos	2 oz	5	0	0	0	0	0	0	0	0	0	315	13	0%	0	0	0	2	1
Banana Peppers	2 oz	4	0	0	0	0	0	0	0	0	0	329	14	1%	0	0	0	0	0
Lime Juice	1 wedge	8	0	0	0	0	0	0	0	0	0	1	0	3	1	0	0	1	0
Potatoes	1 oz	20	0	0	0	0	0	0	0	0	0	2	0	4	1	0	2	0	1
Red Peppers	2 oz	18	2	0	0	0	0	0	0	0	0	2	0	2	1	1	2	1	0
Jicama	2 oz	11	0	0	0	0	0	0	0	0	0	1	0	2	1	1	5	1	0
Crouton Strips	2 oz	55	20	3	4	0.5	2	0	0	0	0	30	2	7	3	1	3	0.5	0
Chips	1 basket	570	240	27	42	4	20	0	0	0	0	330	17	73	24	8	32	4	0
Lemonade	22 oz	140	0	0	0	0	0	0	0	0	0	15	1	38	13	0	0	35	0
Tortilla Soup	1 cup	80	30	3.5	5	0	0	0	0	0	0	680	28	12	4	2	8	3	2
Chocolate Chip	1	630	260	29	45	14	70	0	0	25	8	550	24	29	10	3	10	49	7
Sugar	1	610	250	28	43	7	35	0	0	5	1	520	23	27	9	1	3	41	5

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.